

Lent: a season to get ready for Easter, and refocus on Jesus

It's a time of self-reflection, taking an honest look at our lives of faith. Usually people will give up something or take on a habit. For little kids, something simple is best. Learning the Lord's prayer, or singing hymns/worship songs, or lighting candles at meals, or reading scripture each day, or a paper chain to count down the days, or finding a way to serve together. Here's one way:

The Lord's Prayer	Theme	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Our Father, who art in heaven, Hallowed be thy name	Jesus is Holy/God	<i>(For a paper chain, all numbered days are purple, unless otherwise noted. Sundays are a little foretaste of Easter, and their color is white)</i>		40 Ash Wed. (grey) John 1:1-5	39 I am the Light of the World John 8:12	38 Phil 2:5-11	37 Col 1:15-20	1 Cor 15:3-4
Thy kingdom come, thy will be done, on earth as it is in heaven	Jesus is King	36 I am the Good Shepherd John 10:11-15	35 Micah 5:2-5	34 Matthew 18:1-5	34 Mark 10:35-37, 41-45	32 John 18:33-37	31 Revelation 1:4-6	Hebrews 13:20-21
Give us this day our daily bread	Jesus is powerful	30 I am the Bread of Life John 6:35	29 Matthew 14:13-21	28 Matthew 9:1-8	27 Matthew 14:22-33	26 1 Cor 1:18	25 Philippians 3:7-11	1 Peter 1:3-5
And forgive us our debts, as we forgive our debtors	Jesus is love	24 I am the Vine John 15:1-5	23 Psalm 103:1-13	22 Luke 7:36-50	21 John 8:1-11	20 1 John 1:5-9	19 Romans 6:5-11	2 Cor 5:14-15
Lead us not into temptation, but deliver us from evil	Jesus is teacher	18 I am the Way, the Truth, and the Life John 14:1-7	17 Matthew 4:18-22	16 Luke 4:16-21	15 John 3:1-5, 14-21	14 2 Cor 5:17-21	13 1 John 2:1-6	1 Cor 15:20-26
For thine is the kingdom, the power, and the glory, for ever and ever, amen.	Jesus is victorious	12 I am the Resurrection and the Life John 11:17-27	11 Ephesians 1:3-10	10 Acts 26:22-23	9 Isaiah 52:7	8 Hebrews 10:10-14	7 Colossians 1:13-14	Palm Sunday Luke 19:28-40
<i>These verses are long, especially at the end of the week. Feel free to shorten them!</i>	Holy Week	6 Cleansing the Temple Luke 19:45-46	5 Teaching in the Temple Luke 21:37-22:2	4 I am the door/gate John 10:7-10	3 Maundy Thursday Luke 22:7-23; John 13:1-15, 34-35 Luke 22:39-54;	2 Good Friday (black) Luke 22:66-71, 23:1-5, 13-49	1 Luke 23:50-56	Easter Luke 24:1-12, 36-47

*Thank you, Betty Berg, for developing this and making it available to the RH family!